

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p><u>Tyson chicken</u>/honey mustard sauce Scalloped potatoes Italian blend veg. Rye bread Chilled applesauce</p> <p><b>ALT:Pepper steak,French roll. Scalloped potatoes,Ital. blend veg.</b></p>	<p>2</p> <p>Shepherd's pie Carrots WW bread <b>HDM: Extra gravy</b> Tapioca Pudding/topping <b>DB: Chocolate</b> <b>ALT:</b>Spanish chicken, rice &amp; beans,carrots</p>	<p>3</p> <p><u>Roast pork</u>/gravy Baked potato/sour cream <b>HDM: Baked red bliss potato</b> Green &amp; golden beans HM white bread <b>HDM: White bread</b> <b>Fresh fruit</b></p> <p><b>Alt: Lemon pepper fish/dill sauce Baked potato/sour cream,green &amp; golden beans</b> <b>ALT HDM:</b> Baked red bliss potato</p>	<p>4</p> <p>Cream of broccoli soup/crax Chicken tenders/sweet &amp; sour sauce <b>Lemon rice</b> <b>HDM: Broccoli</b> Oatmeal bread Chilled <u>peaches</u> <b>ALT:Soup,meatloaf/gravy,lemon rice</b> <b>ALT HDM: Broccoli</b></p>	<p>5</p> <p><u>Lasagna/meat sauce</u> Spinach Garlic roll <b>HDM: Extra sauce</b> Banana cake/topping <b>DB: Banana cake</b> <b>ALT: Boneless chicken.tarragon sauce,spinach,whipped potato</b></p>
<p>8</p> <p>Pier 17 fish/creamy red pepper sauce Whipped potato Peas &amp; carrots <u>Minimuffin</u> Chilled mixed fruit</p> <p>Alt: Salisbury steak/gravy,whipped potato,peas &amp; carrots</p>	<p>9</p> <p>Boneless chicken/garlic sauce Lyonnaise potatoes Country blend veg. Multigrain bread Fresh fruit <b>Alt: Liver &amp; Onions/Gravy,lyonnaise potatoes,country blend veg.</b></p>	<p>10</p> <p>Macaroni,beef &amp; cheese Italian green beans HM bread <b>HDM:</b> <b>White bread</b> <b>HDM: Extra sauce</b> Chilled mandarin oranges</p> <p>Alt: Chicken marsala,whipped potato,Ital. green beans</p>	<p>11</p> <p>Valentines Day Special</p> <p>Pot roast/onion &amp; carrot gravy Duchess potato Romaine salad greens/grated cheese &amp; croutons/dr. HDM: Capri veg. Mix Parker house roll Raspberry cookie</p>	<p>12</p> <p>Italian wedding soup/crax Egg salad/WW pita bread Potato salad <b>HDM:Cucumber tomato salad</b></p> <p>Orange jello/topping <b>DB:Green</b></p> <p>ALT: <u>Soup,ham salad/pita</u>, Potato salad ALT HDM: Cucumber tomato salad</p>
<p>15</p> <p>HOLIDAY</p>	<p>16</p> <p>Noodles &amp; kielbasa casserole Green beans/red pepper Multigrain bread Chilled pears</p> <p><b>ALT:Hamburger pattie/gravy,hamburger roll,whipped potato</b></p>	<p>17</p> <p><b>Ash Wednesday</b></p> <p>Crumb topped cod loin/lemon sauce Cheddar whipped potatoes Glazed carrots <b>HM white bread</b> <b>HDM: White bread</b> Oatmeal cookie</p> <p><b>ALT:Spanish beef,yellow rice, Glazed carrots</b></p>	<p>18</p> <p>Minestrone soup/crax</p> <p>Tyson chicken/pesto sauce Seasoned red bliss potatoes HDM: Roman blend veg. Corn bread Fresh fruit <b>ALT:Soup,Breaded pork chop/gravy,seasoned red bliss potatoes</b> <b>ALT HDM: Roman blend veg.</b></p>	<p>19</p> <p><u>Stuffed shell/tomato sauce</u> Zucchini/red pepper <b>HDM: Extra tomato sauce</b> Oatmeal bread Chilled pineapple</p> <p><b>ALT:Cranberry chicken,whipped potato</b></p>

22	23	24	25	26
<p>Vegetable soup/crax            Boneless chicken/orange sauce            Seasoned brown rice            HDM:Jardiniere veg.            Scali bread            Birthday cake  <b>DB: Plain cake</b></p> <p>Alt: Ravioli/meatsauce,jardiniere veg.</p>	<p>Swedish meatballs/onion gravy            O'Brien potatoes            Beets            Pumpernickel bread            Chilled pears</p> <p><b>Alt: Veg. quiche,O'Brien potatoes,beets</b></p>	<p>Roast turkey/gravy            Sweet potatoes  <u>Peas</u> &amp; mushrooms            HM white bread  <b>HDM: White bread</b>            Fresh fruit</p> <p>Alt: Liver &amp; onions/gravy,sweet potatoes,peas &amp; mushrooms</p>	<p><u>Stuffed pepper/sauce</u>            Steamed parsley potatoes            Veh. medley            WW bread            Chilled mixed fruit</p> <p><b>Alt: Breaded chicken pattie/gravy(hot),steamed parsley potatoes,veg. medley</b></p>	<p>Potato crunch fish/dill sauce            Garlic whipped potatoes            Stewed tomatoes            Lt. rye bread            Chocolate pudding/topping  <b>DB:Tapioca</b>  <b>Alt: Beef strip steak/gravy,garlic whipped potatoes,stewed tomatoes</b></p>

+