

Where can I get more information?

If you have any questions about the program, please contact:

Group Adult Foster Care Program
Greater Lynn Senior Services

781-599-0110
Toll free 1-800-594-5164
TDD 781-477-9632

E-mail: info@glss.net
Web site: www.glss.net

800AgeInfo

For Massachusetts Elders
& Their Families



GLSS values diversity and provides services or employment to all members of the community without regard for race, color, national origin, age, sexual orientation, disability, religion or gender.

Although many of our programs are funded in whole or in part by the Massachusetts Executive Office of Elder Affairs and the United States Administration on Aging, we depend on and welcome community support to help us meet the needs of local elders.

Services available through GLSS:

- **Information and referral.** With one phone call, you can find the answers to many questions.
- **Help in your home.** Help with personal care, chores and more...to help you maintain your independence.
- **Meals.** Tasty, nutritious, affordable. Served at a number of Community Cafés or delivered to your home by Meals on Wheels.
- **Transportation.** Rides door-to-door, to medical appointments for people 60 and older; or to anywhere for anyone with a disability.
- **Housing.** Each year, GLSS finds safe and affordable housing for elders, including many who have lost their homes.
- **Protection for elders.** We investigate and intervene in instances of elder abuse and neglect. GLSS also regularly visits every area nursing and rest home.

**One number for everything:
Call GLSS at 781-599-0110**

We'll listen. We'll help.

Credits
Group Adult Foster Care is a special program funded through Mass Health.

If you need help with things like dressing, bathing, medication reminders, toileting, shopping, laundry, meals, etc.



Personal care for people with disabilities 22 and older

**Group Adult Foster Care
Program**

Serving
Lynn, Lynnfield, Nahant, Saugus, and Swampscott



If you have a disability (and you're 22 or older), personal care assistance can make your life a lot easier.

- You reside in approved subsidized housing
- You have been approved by the Massachusetts Department of Medical Assistance
- You are 22 years of age or older.

What our program can do for you

If you live in subsidized housing, our Group Adult Foster Care program can simplify your life by providing someone to help you with:

- Getting dressed
- Bathing
- Moving in and out of bed
- Getting around
- Using the toilet
- Skin care
- Medication reminders
- Meal preparation
- Housekeeping
- Laundry
- Shopping.

We can also provide:

- Adult day health programs twice a week
- Alternating nursing and social worker visits every 30 days
- Personal emergency response systems
- Access to 24-hour assistance.

Who pays for Group Adult Foster Care?

Medicaid pays.

What is Group Adult Foster Care?

This Medicaid-sponsored program provides daily personal care and homemaking assistance to disabled people 22 and older living in approved subsidized housing in our five-town service area. People served by this program are also at risk of nursing home placement due to functional or cognitive impairment.

Do you qualify for Group Adult Foster Care?

You may be eligible if you have:

- MassHealth
- CommonHealth
- Massachusetts Commission for the Blind

AND

- Because of a chronic or permanent doctor-certified disability or illness, you need daily assistance with personal care to live safely at home
- Your doctor prescribes personal assistant services for you

How we help

Mary is a 53-year-old woman with Multiple Sclerosis living in subsidized housing. She was having difficulty caring for herself and preparing meals. Mary's family was very concerned about her ability to live independently and was considering a nursing home placement when she was referred to Group Adult Foster Care. She was evaluated and approved for services.

Mary now receives daily help from a personal care attendant who gets her up in the morning, prepares her breakfast, and helps her shower and dress. The Meals on Wheels program provides a daily meal. Her personal care attendant helps with home-making and shopping, and she is able to attend an adult day health program two days a week. Because of the Group Adult Foster Care program, Mary is able to remain in her home, living independently.

