

During Older Americans' Month
...and all the year long...

kindness MATTERS

A CAMPAIGN OF KINDNESS
SPONSORED BY THE ELDER JUSTICE NETWORK
OF THE GREATER NORTH SHORE



THE POWER TO BE KIND IS IN YOUR HANDS.

what random acts of
kindness

will you do to make a
difference in someone's life?

Something as simple as asking a new visitor to the Senior Center to join you for lunch or holding a door open can make a difference in someone's life.

BEING KIND MATTERS.

Our Senior Center is participating
in this campaign of kindness
during the month of May.

Take the kindness pledge and join us.
See your Activities Director for more information.